

Praying Romans 6

Release Date: August 12, 2019

Romans 6 (ESV):

1 What shall we say then? Are we to continue in sin that grace may abound? **2** By no means! How can we who died to sin still live in it? **3** Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? **4** We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

5 For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his. **6** We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. **7** For one who has died has been set free from sin. **8** Now if we have died with Christ, we believe that we will also live with him. **9** We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. **10** For the death he died he died to sin, once for all, but the life he lives he lives to God. **11** So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

12 Let not sin therefore reign in your mortal body, to make you obey its passions. **13** Do not present your members to sin as instruments for unrighteousness, but present yourselves to God as those who have been brought from death to life, and your members to God as instruments for righteousness. **14** For sin will have no dominion over you, since you are not under law but under grace.

15 What then? Are we to sin because we are not under law but under grace? By no means! **16** Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? **17** But thanks be to God, that you who were once slaves of sin have become obedient from the heart to the standard of teaching to which you were committed, **18** and, having been set free from sin, have become slaves of righteousness. **19** I am speaking in human terms, because of your natural limitations. For just as you once presented your members as slaves to impurity and to lawlessness leading to more lawlessness, so now present your members as slaves to righteousness leading to sanctification.

20 For when you were slaves of sin, you were free in regard to righteousness. **21** But what fruit were you getting at that time from the things of which you are now ashamed? For the end of those things is death. **22** But now that you have been set free from sin and have become slaves of God, the fruit you get leads to sanctification and its end, eternal life. **23** For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Adoration

Romans 6 describes the glorious reality of our union with Christ. In the words of Romans 6:4, when we believe in Jesus, “we [are] buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.” Praise God out loud for the gift of being united with Christ, through our faith in his death and resurrection.

[Pray for 15 seconds.]

Romans 6:4 also tells us that Christ was raised from the dead so that “we too might walk in newness of life.” Take a few moments to praise God in your own words for the new life Jesus brings.

[Pray for 15 seconds.]

In God’s great mercy, he has broken the power that sin once had over us. Romans 6:22 proclaims this truth, that we “have been set free from sin,” so that we might serve God. Adore God for his kindness and his power to do for us what we could not do for ourselves.

[Pray for 15 seconds.]

Father, you know us. You know the struggles of this world. You know our tendencies and our fallen nature. But still you came. You graciously sent Christ in order to bring your children back into your family. You have covered our faults, failures, and flaws by the life of Christ and given us hope in his death and resurrection. You have done what we cannot. We praise you for the work you’ve done for us in Christ.

Confession

Too often we forget the reality of what God has accomplished for us. We forget that true life is found in Christ and what he brings. We return to our old selves. In difficult moments, we give in to the alluring power of sin.

Romans 6:12 warns us, “Let not sin therefore reign in your mortal body, to make you obey its passions.” Confess ways that you have followed sinful passions, instead of God’s Word.

[Pray for 15 seconds.]

Romans 6:2 asks, “How can we who died to sin still live in it?” Confess to God out loud specific ways that you have continued to live in sin—even after dying to sin in Christ.

[Pray for 15 seconds.]

Romans 6 reveals what sin produces in us. Romans 6:23 tells us clearly, “For the wages of sin is death.” Use the next few seconds to humbly acknowledge that we deserve death for the punishment and payment of our sins against God.

[Pray for 15 seconds.]

Lord, we confess our inability to choose life on our own. We confess our lack of trust in you and our lack of faithfulness. We are weak. We are unable to walk the path of life without your power and your guidance. Help us, Lord. Help us turn from sin and let it not have dominion over us. We know as we confess and acknowledge our sin, you are faithful to forgive.¹

Thanksgiving

Though the just punishment for our sin is death, as we read in Romans 6:23, thanks be to God for the end of the verse, that “the free gift of ... eternal life [is] in Christ Jesus our Lord!” Take the next few moments to thank God for the eternal life he has freely given to us in Christ.

[Pray for 15 seconds.]

Just before verse 23, Romans 6:21 tells us that God has freed us from the very things that once brought us death and shame. Thank God for bringing you freedom from sin, shame, and death.

[Pray for 15 seconds.]

Romans 6:14 says, “you are not under the law but under grace.” Thank God that he does not judge us according to what we’ve done, but rather on the work he’s done in our place. Thank him that our status with him is “under grace.” Express your gratitude to him out loud and in your own words.

[Pray for 15 seconds.]

Supplication

God has freed us from the grip of sin, yet we still live in a world where sin exists. In accordance with Romans 6:13, ask God for his protection and preservation to “present [yourself] to God” and to “present your members to God for instruments of righteousness.”

[Pray for 15 seconds.]

Repeat these short phrases as prayers to God:

¹ Ps 32:5.

- God, grant me spiritual fruit that leads to my sanctification and in the end, life eternal with you.²
- Father, keep sin from reigning in my mortal body.³
- Lord, help me walk in newness of life.⁴

Pray verse 11 back to God in your own words, asking God to allow you to “consider yourself dead to sin and alive to God in Christ Jesus.”

[Pray for 15 seconds.]

Benediction

Lord, you have put in our hearts a desire to love and follow you. Let the words of our mouths and the meditations of our hearts be pleasing to you.⁵ Work in us each day to put to death the desires of our flesh, as our sinful desires stand opposed to our new life in the Spirit.⁶ Each day when we open our eyes, take hold of our hearts and unite our desires to yours. Just as we have been united with the death of Christ, let us experience the life he gives each and every day. Let our interactions with neighbors, coworkers, family, and friends be filled with life, not death. Teach us what it looks like to cling to the hope we have in the resurrected Christ.

AMEN.

Credits

Praying the Bible is a copyrighted production of The Summit Institute, the equipping ministry of the Summit Church in Raleigh-Durham, North Carolina. If you would like to learn more about The Summit Institute, visit us online at summitchurch.com/institute.

Produced by Chris Green, Luke Brown, and Jonathan Welch
Engineered by Luke Brown
Written by Jonathan Edwards
Edited by Jonathan Welch
Narrated by Sarah Welch
Music by Luke Brown and Branden Williams

Scripture quotations are from the ESV® Bible (The Holy Bible, English Standard Version®), copyright © 2001 by Crossway, a publishing ministry of Good News Publishers. Used by permission. All rights reserved.

² Rom 6:22.

³ Rom 6:12.

⁴ Rom 6:4.

⁵ Ps 19:14.

⁶ Gal 5:17.